**Manchester and District**

Ladies’ Cycling Association

**Held on Saturday 4th May 2024**

# Ladies Open Handicapped and Men’s Invitation

*Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations.*

*Handicapped using standard tables. Course J4/20*

**Results Sheet and Prize List**

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| **Ladies** |  |  |  |  |

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| --- | --- | --- | --- | --- |
| **Fastest** | Emily Martin | Team Bottrill | 22:22 | £30.00 |
| **2nd** | Alice Taylor | Congleton CC | 23:31 | £20.00 |
| **3rd** | Deb Hutson-Lumb | Wrekinsport CC | 24:35 | £15.00 |
| **Handicap** |  |  |  |  |
| **1st h’cap** | Gaynor Beckett | Congleton CC | 14:42 | £30.00 |
| **2nd h’cap** | Sue Satchithananda | Crewe Clarion | 15:43 | £20.00 |
| **3rd h’cap** | Sally Cunliffe | Velotik Racing Team | 16:21 | £15.00 |
| **4th h’cap** | Alice Taylor | Congleton CC | 16:55 | \* |
| **5th h’cap** | Claire Harrison | Congleton CC | 17:32 | \* |
| **6th h’cap** | Jill Wesley | Macclesfield Wheelers | 17:43 | \* |

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| **Fastest M&DLCA Vet on std** | Sally Cunliffe | Velotik Racing Team | +5:52 | Certificate |

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| **Men** |  |  |  |  |

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| **Fastest** | David James Williams | Velotik Racing Team | 20:42 | £30.00 |
| **2nd** | Sam Taylor | Weaver Valley CC | 20:54 | £20.00 |
| **3rd** | Richard Shaw | Seamons CC | 21:18 | £15.00 |

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| **Combined** |  |  |  |  |

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| --- | --- | --- | --- | --- |
| **Fastest** | Sam Taylor | Emily Martin | 0:43:16 | £30.00 each |
| **2nd** | Richard Bowditch | Gail Lowe | 0:46:44 | £20.00 each |
| **3rd** | Zac Whitehall | Alice Taylor | 0:47:55 | £15.00 each |

**\*** One rider one prize, except Combination.

**Ladies’ Results**

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| **Pos** | **Name** | **Club** | **Std** | **+/-** | **H/Cap** | **H/Cap Time** | **Actual Time** | **M/c** |
| 1 | Emily Martin | Team Bottrill |  |  | 3:39 | 18:43 | 22:22 | TT |
| 2 | Alice Taylor | Congleton CC |  |  | 6:36 | 16:55 | 23:31 | TT |
| 3 | Deb Hutson-Lumb | Wrekinsport CC | 29:51 | +5:16 | 6:44 | 17:51 | 24:35 | TT |  |
| 4 | Gail Lowe | Congleton CC | 29:20 | +4:30 | 6:46 | 18:04 | 24:50 | TT |
| 5 | Claire Harrison | Congleton CC | 28:57 | +3:47 | 7:38 | 17:32 | 25:10 | TT |
| 6 | Sally Cunliffe | Velotik Racing Team | 31:48 | +5:52 | 9:35 | 16:21 | 25:56 | TT |
| 7 | Lynsey Astles | Congleton CC | 28:41 | +1:50 | 8:04 | 18:47 | 26:51 | TT |
| 8 | Gaynor Beckett | Congleton CC | 29:01 | +1:54 | 12:25 | 14:42 | 27:07 | TT |
| 9 | Claire Whitworth | Macclesfield Wheelers | 29:01 | +1:12 |  |  | 27:49 | RB |
| 10 | Sue Satchithananda | Crewe Clarion | 29:09 | +1:06 | 12:20 | 15:43 | 28:03 | RB |
| 11 | Jill Wesley | Macclesfield Wheelers | 29:34 | -0:31 | 12:22 | 17:43 | 30:05 | RB |
| 12 | Tracey Gregory | Buxton CC | 29:51 | -0:59 | 9:34 | 21:16 | 30:50 | TT |
| 13 | Jenny Castle | CiclosMajor.com | 28:52 | -3:16 | 13:28 | 18:40 | 32:08 | RB |

**Men’s Results**

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| **Pos** | **Name** | **Club** | **Invited by** | **Actual Time** |
| 1 | David James Williams | Velotik Racing Team |  | 20:42 |
| 2 | Sam Taylor | Weaver Valley CC | Emily Martin | 20:54 |
| 3 | Richard Shaw | Seamons CC |  | 21:18 |
| 4 | Richard Bowditch | Congleton CC | Gail Lowe | 21:54 |
| 5 | Jarod Garrington | Velotik Racing Team | Sally Cunliffe | 22:03 |
| 6 | Issac Russell | Team PB Performance |  | 22:26 |
| 7 | Kevin Blades | 360 Cycling |  | 22:32 |
| 8 | Mike Walker | Congleton CC | Lynsey Astles | 22:57 |
| 9 | Richard Marshall | Team Wheelguru |  | 23:04 |
| 10 | Lucy Rogers | Congleton CC |  | 23:10 |
| 11 | Alice Taylor | Congleton CC |  | 23:31 |
| 12 | Tim Whitefoot | Crewe Clarion Wheelers |  | 23:33 |
| 13 | Alex Critcher | Team Wheelguru |  | 23:48 |
| 14 | Nathan Whitehall | Congleton CC | Claire Harrison | 24:06 |
| 15 | David Fox | Warrington RC |  | 24:06 |
| 16 | James Rees | SKCC |  | 24:13 |
| 17 | Martin Harney | Manchester Bicycle Club |  | 24:14 |
| 18 | Nick Giles | Pocomotion RC |  | 24:17 |
| 19 | Zac Whitehall | Congleton CC | Alice Taylor | 24:24 |
| 20 | Chris Wilcox | Stone Wheelers |  | 24:59 |
| 21 | Paul Emmins | Salford Cycling Club |  | 25:04 |
| 22 | Liam Kwan | Stretford Wheelers |  | 25:05 |
| 23 | Tony Clarke | Total Tri Training |  | 25:11 |
| 24 | Mark Williams | Macclesfield Wheelers | Jill Wesley | 25:18 |
| 25 | Nick Bailey | Congleton CC |  | 25:37 |
| 26 | Derek Schofield | Rossendale CC |  | 25:56 |
| 27 | Peter Jackson | Macclesfield Wheelers |  | 26:00 |
| 28 | Simon Price | Ruthin CC |  | 26:20 |
| 29 | Adrian Fox | Congleton CC |  | 26:23 |
| 30 | Paul Birkin | Buxton CC |  | 26:35 |
| 31 | Robert Garbett | Wrekinsport CC |  | 26:44 |
| 32 | Stephen Tonge | Salford Cycling Club |  | 27:06 |
| 33 | Robbie Harcourt | CiclosMajor.com | Jenny Castle | 27:07 |
| 34 | Malcom Giles | Pocomotion RC |  | 27:59 |
| 35 | Geoff Edgerton | North Shropshire Wheelers |  | 28:31 |
| 36 | James Roberts | Macclesfield Wheelers | Claire Whitworth | 28:53 |
| 37 | Mike Cole | Huddersfield RC |  | 29:19 |
| 38 | William Renard | Macclesfield Wheelers |  | 29:21 |
| 39 | Phil Guy | North Shropshire Wheelers |  | 30:36 |
| 40 | David Griffiths | Crewe Clarion Wheelers |  | 31:21 |
| 41 | John Leach | Rossendale RC |  | 31:32 |
| 42 | Vic Trigger | Crewe Clarion Wheelers |  | 33:29 |
| 43 | Anthony Shaw | Tri Central UK |  | DNS(A) |
| 44 | Matthew Siepen | Seamons CC |  | DNS(P) |

**Combined Results**

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| **Pos** | **Lady** | **Time** | **Man** | **Time** | **Combined** |
| 1 | Emily Martin | 22:22 | Sam Taylor | Weaver Valley CC | 0:43:16 |
| 2 | Gail Lowe | 24:50 | Richard Bowditch | Congleton CC | 0:46:44 |
| 3 | Alice Taylor | 23:31 | Zac Whitehall | Congleton CC | 0:47:55 |
| 4 | Sally Cunliffe | 25:56 | Jarod Garrington | Velotik Racing Team | 0:47:59 |
| 5 | Claire Harrison | 25:10 | Nathan Whitehall | Congleton CC | 0:49:16 |
| 6 | Lynsey Astles | 26:51 | Mike Walker | Congleton CC | 0:49:48 |
| 7 | Jill Wesley | 30:05 | Mark Williams | Macclesfield Wheelers | 0:55:23 |
| 8 | Claire Whitworth | 27:49 | James Roberts | Macclesfield Wheelers | 0:56:42 |
| 9 | Jenny Castle | 32:08 | Robbie Harcourt | CiclosMajor.com | 0:59:15 |

**Many thanks** to the timekeepers, Jane Green and Kath and Martin Jackson, and all the helpers who helped sign on and marshal: - Carole Pardoe, Murial, Denise Hurst, Steve Farrow, Bob Norton, Georgina Norton, Mary Read, Jo Harcourt, Ian, Pam Fern, Emma and John West.

These events would not be possible without the dedicated team of marshal’s and helpers.

**Event Organiser***:* H West 49 Grendale Ave, Hazel Grove, Stockport SK7 6LJ.

**Timekeepers:** Mr M Jackson & Mrs J Green

**M&DLCA**

**Other M&DLCA events 2024 – see CTT website for further details, entries on-line, closing dates 10 days before event.**

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| --- | --- | --- | --- |
| **Course** | **Date & time** | **Organiser** | **Information** |
| J4/20 10 miles | Saturday 25th May  14:00 | Kath Jackson | Ladies 10-mile Invitation |
| J4/9 50 miles | Sat 15th June 14:00 | Ian Ross | M&DLCA open championship 50 (in conjunction with M&DTTA championship. All riders should enter the M&DTTA event) |
| J2/21  25 Miles | Sun 6th July  14:00 | Mavis Ross | M&DLCA Ladies 25(in conjunction with the Weaver Valley) |
| J2/9  25 miles | Sat 20th July  14:00 | Mavis Ross | Ladies 25 mile Invitation |

Each year, the M&DLCA awards several prizes and trophies **to members of the M&DLCA and affiliated clubs. Clubs can affiliate by sending £10 affiliation fee to Mavis Ross, details are on our website on the affiliation form.** Any event on a ‘25’ or ‘50’ mile ‘J’ course counts for these trophies, as long as copies of the results sheet and entry form are sent to the M&DLCA BAR Secretary, K. Jackson, but the only counting ‘10’ mile events are those organised by the M&DLCA.

The onus is on the rider to submit, where required, copies of the entry form and results sheet to the M&DLCA BAR Secretary before 1st October of the current season.

*Visit our website at* [*http://www.mdlca.org.uk*](http://www.mdlca.org.uk) *for the latest news, results and photos*

*We also have a* [*Facebook page*](https://www.facebook.com/mdlca/) *for photos and posts, and on Twitter we are @ManDLCA.*